



Independent Living Tour Checklist

Independent living is about freedom and enjoying a carefree lifestyle. Compare lifestyle, costs, and flexibility. Use this checklist on every community you visit — including ours!

1. COSTS & WHAT'S INCLUDED

- What is included in monthly rent (e.g., meals, housekeeping, utilities, activities, maintenance, parking space)? What is extra?
- How much have lease fees increased in the last 2-3 years? Is there a cap on annual increases?
- What transportation do you provide? (grocery, medical appointments, outings?) How far? Is it free?
- What is the move-in fee / community fee? Is it refundable? What is the lease term and move-out notice?
- Can I have pets? Is there a pet deposit?

2. YOUR APARTMENT & FREEDOM

- What floor plans and square footage do you have? Can I see an ACTUAL apartment, not just the model?
- Can I paint walls, hang pictures, or make modifications to my apartment?
- What maintenance is included? (appliances, plumbing, AC/heat, light bulbs)
- What safety features are in the apartment? (grab bars, emergency call, walk-in shower)

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3. LIFESTYLE, DINING & PASADENA LIFE

- What does a typical week look like? Can I see a current activity calendar and this week's menu?
- Are meals flexible — what are dining options and can I cook in my apartment?
- What is your guest policy? Can family stay overnight?
- What is the neighborhood like (e.g., quiet, residential, noisy, downtown/urban setting)?
- What are the grounds like (e.g., pool, gardens/tree areas, walking paths)?

4. OUTSIDE HELP & FLEXIBILITY

- Do you allow outside caregivers, home health aides, or private companions if I want extra help?
- Do you have preferred home health agencies, or can I choose my own?

5. YOUR GUT CHECK — After the tour

- Did residents seem happy, active, and know each other by name?
- Did it feel like a real neighborhood — clean but lived-in, with laughter?
- Could I see myself living here happily for the next 5 years?